

# ERC NEWSLETTER

THIRD QUARTER

2024

## OUR MEMBERS

WANDA GARCIA  
SACHINA EVANS  
NATÉ FURLOW  
JUDITH LUGO  
ROBERTA PRATT  
RUTH ROSARIO  
PATRICE BASSETT  
TORY IRVIN

You've got to get up  
every morning with

**DETERMINATION**

If you're going to go  
to bed with  
**SATISFACTION**

## WHO WE ARE

We are the Employee Recognition Committee (ERC) and it is our mission to celebrate and honor the dedicated and exceptional individuals who form the backbone of the City of Camden workforce. We are committed to fostering a culture of appreciation, respect, and gratitude within our municipal organization. It is our mission, to recognize and celebrate the outstanding contributions, achievements, and milestones of our municipal employees at all levels, from various departments, and across diverse roles. Our goal is to promote a positive and supportive work environment that enhances employee morale, engagement, and job satisfaction by acknowledging their hard work and dedication.

## EMPLOYEE OF THE MONTH

ON BEHALF OF THE COMMITTEE WE ARE PLEASED  
TO PRESENT THE EMPLOYEES FOR THE MONTHS OF  
APRIL, MAY, JUNE 2024

APRIL

MAY

JUNE

Marytza Rodriguez  
Finance  
Secretarial Assistant

Eric Susterowitz  
Administration  
Information Tech..

Marisol Acevedo  
Personnel  
Personnel Aide



**PANZAROTTI SALE**  
**August**

**MORE INFO TO COME**  
**CASH OR CASHAPP**  
**\$CamdenERC**



**September**  
**MORE INFO TO COME**  
**Employee**  
**Appreciation**  
**Event**

**QUESTIONS? COMMENTS?**  
**SEND US AN EMAIL @**  
**CAMDENERC@GMAIL.COM**

The longer hours of daylight can brighten anyone's mood and make you feel energized and renewed, which is why Summer is the best time to get focused on your well-being.

## SUMMER HEALTH TIPS



Here are some tips so you can enjoy the outside a little safer

Protect your skin, and look fashionable. Wearing a hat can protect you from the fierce sun, as long as it's the right kind. Baseball caps offer too little protection, and straw hats offer no protection from the sun's rays. Choose a hat like canvas that can offer you more protection.

Put sunscreen on. Want to avoid those dark patches from forming on your skin? Especially your face? Use a sunscreen marked "broad spectrum," and with SPF of no less than 30. Don't forget the easy to miss parts- Lips, Ears, scalp/hairline, eyelids, hands and above your lips.

Up those shades. Never forget to protect those eyes. Insufficient sun protection can lead to vision problems later. Sunglasses should say they block 99% to 100% of UVA and UVB light.

You forgot the Sunscreen...ouch! Treat sunburns ASAP. Heal faster by starting with a cool shower, use a moisturizer such as Aloe vera cream. Take a pain reliever such as Ibuprofen to help with the pain and swelling. And drink plenty of water, your body needs it to heal.

Find us at:

<https://www.ci.camden.nj.us/employee-recognition-committee/>